

# **RULES & REGULATIONS FOR THE MEGA BELL COURSE**

**TO BE HELD ON  
Sunday  
5 April 2026**

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## 1. THE EVENT

The Mega Bell Course is a ski event organised by the La Plagne Tourist Office on 5 April, 2026, with the backing of the municipalities of La Plagne Tarentaise, Aime la Plagne and Champagny-en-Vanoise, and the Société d'Aménagement de La Plagne.

## 2. THE RACES

The Mega Bell Course is an event consisting of outdoor races across the La Plagne ski area.

There is a choice of two race formats:

- 'S' format
- 'XL' format

### 2.1 The 'S' format

This race can be completed in skis, telemark, monoski, snowboard, snowscoot, or handiski. The event takes place on Sunday, April 5th, 2026. Timing and rankings are carried out:

- **Individually**, or
- **As a team** (teams of 2 to 4 people; regardless of team size, only the top 2 times are counted toward the general ranking).

Minimum age: **7 years old**.

Required skill level: **intermediate** — participants must confidently ski blue slopes and comfortably ski red slopes. Parallel skiing technique must be fully mastered.

The S Format includes **3 challenges**, all starting and finishing within the La Plagne ski area.

Participants must complete all 3 to appear in the rankings.

**Entry fee:** €30 per participant

### Race challenges:

1. The Mega Warrior
2. Tout là-haut

### 3. Le Grand Bain

Participants may choose the order freely but **must finish with Le Grand Bain**.  
Starting points may be chosen in any La Grande Plagne village.

## 2.2 The 'XL' format

This race can be completed in skis, telemark, monoski, or snowboard.  
The event takes place on Sunday, April 5th, 2026.  
Timing and rankings are carried out:

- **Individually**, or
- **As a team** (teams of 2 to 4 people; only the 2 best times count).

Minimum age: **12 years old**.

Required level: **advanced** — participants must ski black slopes comfortably and demonstrate full control.

The XL Format includes **5 challenges**, all starting and finishing within the La Plagne ski area.

Participants must complete all 5 to appear in the rankings.

**Entry fee:** €30 per participant

### Race challenges:

1. Tout là-haut
2. Le Grand Bain
3. C'est d'la balle
4. Here we go!
5. C'est boarder...

Participants may choose the order freely but **must finish with Le Grand Bain**.  
Starting points may be chosen in any La Grande Plagne village.

## 3. CONDITIONS OF PARTICIPATION

### 3.1 General rules

The event is open to anyone, licensed or not, who meets the following conditions:

- Be at least 7 years old (per format rules).
- Have the required skiing level.
- Pay the corresponding entry fee.
- Have the physical condition required to ski several kilometers.
- Hold a valid lift pass for the La Plagne ski area.

### 3.2 Code of good conduct

Participants must behave respectfully toward:

- All individuals involved in the event (staff, authorities, volunteers, skiers, families, etc.)
- Other competitors (allow faster skiers to pass, assist in case of serious falls)
- The environment (no littering)
- The ski area rules and the three municipal decrees attached to this document

#### 4. LEGISLATION

- Participation in the Mega Bell Course implies express and unreserved acceptance by each competitor of these rules and regulations and the regulations in force for the La Plagne ski area, and in compliance with the 3 municipal decrees that define how the downhill skiing slopes of the La Plagne ski area are to be used.

#### 5. REGISTRATIONS

Registration is online only on the event website, using secure payment by credit card:  
[www.lamegabellcourse.com](http://www.lamegabellcourse.com)

##### Fees:

- €30 per race entry

Registrations are nominative. Transfers are not allowed without organizer approval.  
Proof of identity is required to collect the race bib.

Participant limit: **800 total (400 S Format + 400 XL Format).**

Registration includes:

- Participant gift
- Finisher gift (for classified participants)
- Post-race snack: burger + soft drink or beer

Bib and timing chip must be returned after the race to receive participant gifts.

#### 6. COLLECTING RACE NUMBERS AND TRANSPONDEURS

Race numbers and transponders (timing chip) are given individually to each participant on presentation of proof of their identity (a photocopy or photo of your identity document

is accepted). Your race number must be worn correctly and must be visible throughout the race.

Race numbers and transponders are non-transferable, whether free of charge or in exchange for payment. If participants give their number and/or transponder to a third party, the organisers reserve the right to exclude them from the race, as well as the third party, without giving rise to any reimbursement or compensation.

Race numbers and transponders can be collected between Wednesday 1st and Sunday 5 April 2026 from the Tourist Offices in Montchavin-Les Coches, Montalbert, Champagny en Vanoise, Aime (valley). In Plagne Centre, race numbers and transponders can be collected between Wednesday 1st and Saturday 4 April 2026. On Sunday 5 April 2026, Race numbers and transponders can be collected only on the Jean-Luc Crétier slalom field (in Plagne Centre, La Mega Bell Course Village) from 8am.

Race numbers do not determine the starting order for any of the events; they are only used to identify the participant and to allocate the corresponding transponder.

Participants are authorised to promote any brand on their helmet or clothing, but not to cover the race number. Rucksacks may be worn however.

The organisers alone are authorised to allocate race numbers.

The race number and partner logos will be displayed on the bibs.

## **7. THE COURSES**

The courses are identified on a map that is specific to the race and markers will be in place for each of them.

A team of openers will check each course before the event to make sure the markers are in place and that no danger is identified.

The S format consists of 3 courses that can be done in any order. The XL format consists of 5 courses that can be done in any order. Please note that all competitors must finish with Le Grand Bain.

### **Practice sessions:**

Challenges are revealed on Saturday, April 4th. Participants with valid lift passes may inspect the terrain.

## **8. EQUIPMENT**

### **Obligatory equipment:**

- Helmet and goggles
- Gloves

- A mobile phone that is charged and switched on (tel. no. for the ski patrollers: 04.79.09.67.60)
- Appropriate ski/snowboard wear
- Skis and ski or snowboard boots

#### **Recommended equipment:**

- Sunglasses
- Sun cream
- Back protector

## **9. RULES FOR THE EVENT**

### **9.1 Timing**

The Mega Bell Course is a combination of timed and separate courses, with participants starting in groups decided by the organisers.

The final ranking will be calculated on the basis of the total of the times for each course with the addition of bonuses or penalties.

Each competitor will be equipped with a transponder that they will be given with their race bib. It must be attached to a boot buckle or strap.

### **9.2 Time barrier**

The final time barrier is set at 3pm so that all the participants will be able to ski back to where they are staying whilst respecting the rules and regulations of the ski area, particularly with regard to the ski lift opening times.

Each participant must take into consideration the time needed to get to each successive course and to rest if necessary.

The time barrier of 3pm therefore corresponds to the last start allowed on the final course, Le Grand Bain.

### **9.3 Calculation system**

#### **S format:**

The times for the 3 courses will be combined to establish the final ranking which will also take bonuses and penalties acquired over the race into account.

## XL format:

The times for the 5 courses will be combined to establish the final ranking which will also take bonuses and penalties acquired over the race into account.

## 10. RANKINGS & PRIZES

The Mega Bell Course will be ranked with podiums.

		FORMAT XL			FORMAT S		
		1er	2nd	3ème	1er	2nd	3ème
Scratch	Tout genre	x	x	x	x	x	x
Catégorie 8 à 12 ans	Hommes	x	x	x	x	x	x
Catégorie 8 à 12 ans	Dames	x	x	x	x	x	x
Catégorie 13 à 16 ans	Hommes	x	x	x	x	x	x
Catégorie 13 à 16 ans	Dames	x	x	x	x	x	x
Le + jeune	Hommes	x			x		
La + jeune	Dames	x			x		
Le + agé	Hommes	x			x		
La + agée	Dames	x			x		
Mega looser	Tout genre	x	x	x	x	x	x
Mega lots	Tout genre	Tirage au sort de 3 lots					

## 11. PENALTIES

The following faults will be penalised by disqualification or a time penalty:

- Failure to respect the race regulations
- Failure to pass through a start or finish checkpoint
- Failure to respect the race courses: each course has a start arch, an arrival line, slalom or ski/boardercross gates and nets
- Not having the obligatory equipment during the race
- Throwing rubbish
- Failure to respect the sponsor logos on the race bibs
- Failure to respect the organisation staff

In the case of faults that are not listed above, the organisers reserve the right to apply penalties.

## 12. WITHDRAWALS



Except in the case of serious injury or damage to equipment, competitors may only withdraw at the start or finish of a course. In this case, they must inform the person in charge of the start or finish of an event, who will withdraw the competitor's number. Repatriation in the event of injury and/or damage to equipment will be decided with the La Plagne ski patrol service, in accordance with the La Plagne ski area regulations.

### **13. SECURITY AND MEDICAL ASSISTANCE**

There are several first-aid posts in the ski area. These posts are in radio or telephone contact with the event organisers.

The purpose of the first-aid posts is to provide assistance to any person in danger using the ski area operator's own resources.

It is the responsibility of a competitor in difficulty or who is seriously injured to call for help:

- By going to a first-aid post
- By calling the ski area ski patrol service on +33 (0)4.79.09.67.60
- By asking another competitor to call for help.

It is each competitor's responsibility to assist any person in danger and to inform the emergency services.

A competitor who calls a doctor or a ski patroller submits to their authority and agrees to accept their decisions.

Ski patrollers, on medical advice, as well as official doctors, in particular, are empowered to withdraw any competitor who is unfit to continue the race (by invalidating their number) and to evacuate any participants they consider to be in danger by any means they see fit.

### **14. MODIFICATIONS**

For each format of the Mega Bell Course, the organisers reserve the right to modify the courses and/or the time barrier at any time. In the event of bad weather and to ensure the participants' safety, the organisers reserve the right to postpone the start time, to stop the race, cancel it or organise an alternative route.

### **15. INSURANCE**

Skiing in general is a risky physical activity. Each participant in the Mega Bell Course must be aware that, when they take part, they will be skiing on mountainous terrain with technical and rapid access points and descents.

### **Civil liability:**

In accordance with current legislation, the organiser will take out civil liability insurance for the duration of the race. This insurance covers the financial consequences of its liability, that of its agents and that of the participants.

As regards the civil liability of participants, the corresponding cover is limited to accidents they may cause to third parties on the official courses during the event.

### **Personal accident insurance:**

It is compulsory for each participant to take out insurance covering bodily injury as part of their participation in the event, particularly if they do not hold an FFS licence, guaranteeing payment of a lump sum in the event of bodily injury.

By accepting the registration conditions and taking part in the courses, each participant acknowledges and accepts full responsibility in the event of any accident that may occur during the event. Compensation will be paid if the insured person suffers an accident while taking part in the event. This insurance is optional but strongly recommended.

Each competitor must be in possession of personal accident insurance covering any search and evacuation costs in France.

## **16. REFUNDS / CANCELLATION**

Competitors who decide to withdraw from the Mega Bell Course for any reason whatsoever may not claim any reimbursement or compensation of any kind.

Any request to change race format or the competitor's identity must be sent by email to [lamegabellcourse@la-plagne.com](mailto:lamegabellcourse@la-plagne.com) before Tuesday, 15 April at 12 noon. A confirmation email will be sent to you.

## **17. IMAGE RIGHTS / GDPR**

In accordance with article L333-2 of the French Sports Code, 'organisers of sporting events [...] own the exploitation rights for the events or competitions they organise'.

Participants are informed that the Association de l'Office du Tourisme de La Plagne, which holds the exploitation rights for the races of the Mega Bell Course, may photograph and/or film the event in order to promote future editions. This filming may be carried out by aerial means (drone and/or helicopter).

Images of participants taken during the event may be freely distributed by the Office du Tourisme de La Plagne, subject to the following conditions:

- That there is a link between the image and what it illustrates
- That the image does not offend the person's dignity.

The Mega Bell Course is a registered trademark. Any communication about the event or use of images of the event must respect the name of the event and the registered trademarks.